




Wellness Workshops

These workshops have been developed to empower you with the knowledge necessary to make your best informed health care choices for you & your family.

Bring your friends!

September

9/11/2017	Half Hour to Health: <i>Love your spine- Love your Life!</i>
9/13/2017	Posture: <i>Are your Windows Clean?</i>
9/18/2017	We're having a Birthday: 122 never looked so good! 
9/25/2017	<i>Finding strength through emotional health- Jake White</i>

ABC CHIROPRACTIC
your family wellness center



540.678.0100