

November 20, 2017

*Healthy Holidays!*

and... Happy Birthday to us all! Today we celebrate our 26<sup>th</sup> anniversary here in Winchester (so hard to believe- time flies!) We remain grateful for your love & support over the years. Before we take on 2018, let's take a look at the blessings 2017 has bestowed upon us.

We're thrilled to have welcomed a new member to our team this year!! Melissa has exceeded our greatest wishes- she's an amazing woman who has heartily jumped right into our Chiropractic world and is the embodiment of Life & Love. Melissa is gracious and eager to serve with her wisdom and life experiences (after all, she is a mom!) We are grateful for her generous spirit and that she, along with her husband Rob and their children Robert & Emily, have agreed to join our wonderful family here at ABC. We are truly blessed!

As always, Tammy and Bob have so much to be grateful for. They love calling Winchester home- after just a year and a half, you'd never guess they haven't been here all of their lives! Many of you have asked, and we have to share- Kirsten graduates Lesley University in May! Congratulations, Kirsten- we're so proud of you!

As your Chiropractic team, we have also grown a great deal this past year. We study and train consistently with Chiropractors who share the passion and purpose of a healthier, more connected world. Whether it be for 26 years, 20 years or just a few months here at ABC, each one of us is astounded and inspired everyday by the miracles that occur here- when those most precious to us realize their greatest life expression through Chiropractic care, we thank God for the gift of life he has given us. Always remember- **Nothing is Greater than Life!**

We continue to share the principles of true health & healing at our Weekly Wellness Workshop Series. Think about it - if others knew what we knew, wouldn't they make more appropriate choices of how to achieve the greatest health for themselves and their families? After all, everyone deserves to know the truth- everyone deserves to be the best they can be!! Join us and bring a friend!

You may have noticed the flurry of activity throughout the building- a complete renovation is underway and ABC Chiropractic will be the final chapter- we're the "cherry on top!" At the beginning of the year, we'll be relocating to the opposite end of the building, making room for our office remodel to occur. This has been in the works for quite some time; we are thrilled the time for our "makeover" has finally arrived... more details to come!!!

We are grateful for your support of our community projects- both around the world and here at home. We appreciate your generosity- when we give, love and serve out of our own abundance, we are truly blessed beyond measure.

As 2017 comes to its' end, we realize that ABC Chiropractic couldn't be who we are without you. We are grateful for your support- we celebrate you and applaud your commitment to the health and wellness of yourself, your family, your friends- our community!

Blessings of the holidays to all- we love you because you love the things we love!

  
Meredith Oudt, D.C.

  
Tammy Bond

  
Melissa Pryor